

LANARK COUNTY RESOURCE LIST

LEGAL AID

LEGAL AID TO APPLY 1-800-668-8258

LEGAL CLINIC LANARK, LEEDS, GRENVILLE 1-800-597-4529

CROWN ATTORNEY 613-264-1900

LAW SOCIETY OF ONTARIO 1-800-668-7380

COMMUNITY RESOURCES

LANARK COUNTY PROGRAMS 1-800-667-2617

FOOD BANKS LANARK COUNTY 613-257-8546

LANARK FOOD PANTRY 613-259-2457

PERTH FOOD BANK 613-267-6428
SMITHS FALLS FOODBANK 613-283-6695

MENTAL HEALTH

MENTAL HEALTH CRISIS LINE 1-866-281-2911

DISTRESS LINE LANARK LEEDS GRENVILLE 1-800-465-4442

TRI-COUNTY ADDICTIONS 1-800-361-6948

MENTAL HEALTH CARLETON PLACE 613-257-5915
MENTAL HEALTH SMITHS FALL 613-283-2170

SOCIAL SERVICES

CONNECTIONS PROGRAMS FOR FAMILIES 1-888-284-2204

LANARK COUNTY HOUSING 1-800-267-1313

ONTARIO WORKS 1-866-878-9588

LANARK COUNTY SOCIAL SERVICES 613-267-4200

YOUTH SERVICES

CHILDRENS AID SOCIETY 1-866-281-2911

KIDS HELP PHONE 1-800-668-6868

OPERATION COME HOME 1-800-668-4663

OPEN DOORS AND CHILDREN & YOUTH 1-877-232-8260

ONTARIO EARLY YEARS AND CROW 1-800-267-9252

HEALTH SERVICES

TELEHEALTH ONTARIO 1-866-797-0000

POISON INFORMATION 1-800-268-9017

HEALTH ACTION LINE 1-800-660-5853

HIV / AIDS REGIONAL SERVICES 1-800-565-2209

SEXUAL ASSAULT / INTIMATE PARTNER VIOLENCE

INTERVAL HOUSE (WOMEN'S SHELTER) 1-800-267-7946

SEXUAL ASSAULT CRISIS & SUPPORT 1-800-431-6121

UNSAFE AT HOME
TEXT - 613-704-5535
CHAT ONLINE - [unsafeathomeottawa.ca](https://www.unsafeathomeottawa.ca)

SEXUAL ASSAULT DOMESTIC VIOLENCE PROGRAM
613-283-2330 EXT. 1258 IN HOSPITAL 613-257-1837

ASSAULTED WOMEN'S HELPLINE
1-866-863-0511 TTY 1-866-863-7868

FEMAIDE 1-877-336-2433

VICTIM SERVICES

VICTIM SERVICES LANARK COUNTY
613-284-8380 info@victimserviceslanark.ca

VICTIM WITNESS ASSISTANCE PROGRAM
613-264-8380

EMERGENCY SERVICES

IF THIS IS AN EMERGENCY CALL **911**

SMITHS FALLS POLICE
NON-EMERGENCY - 613-283-0357

LANARK COUNTY OPP
NON-EMERGENCY - 888-310-1122